

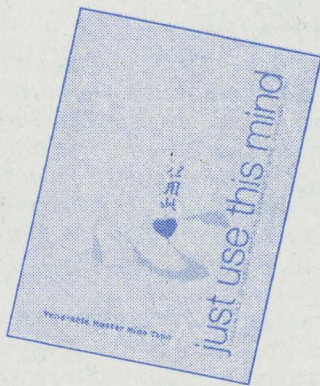
New Book Just Released !

Transcend the limitations of traditional religion by getting to the heart of what really matters.

Master Your Life. *Just Use This Mind*



Master Miao Tsan



Zen training brings us back home to a place of deeper meaning. In this eternal home, mind and matter are one. Here is a spiritual home that isn't about temples or traditions. It's a place in your own pure mind where you become the master of your own thoughts. When you learn to follow the path of Zen with diligence and right understanding, you can break through old patterns in your life and become enlightened—at peace in your body, your mind, and your spirit. Once you have a clear understanding of the Zen path, all you have to do is begin following it. As you devote yourself to your practice, you'll feel old burdens—old negative attachments—fall away. And when you awaken to the Way, you'll understand that nothing surpasses the mind. The mind is all existence; it is the entire universe. Nothing happens outside the mind, and outside of what happens there is no mind.

Master Miao Tsan, the abbot of Vairocana Zen Monastery in Garden Grove, California, has conducted hundreds of meditation courses as well as several Zen-Seven and Zen-Three retreats in the United States, Mexico, and Taiwan. He lectures extensively and has given meditation courses and interviews at the University of Texas, the Texas Medical Center, Purdue University, and the University of Nevada at Las Vegas. He has a large, devoted following in both Asia and the West. In *Just Use This Mind*, he shares the essence of the collected wisdom of Zen masters reaching back to the original Buddha. Once you embark on the path he puts forth here, you have found the way to live the life of joy you were born to live.

Master Miao Tsan's core belief and goal of dharma teaching is to lead all beings into the understanding of the all-pervasive, universally applicable truth. Since this universal truth transcends race, religion, and time, it is without exception, it is the only path for the dissolution of dualistic conflict and the resolution of the disparate views among religions and their various sects.

Master Miao Tsan has vowed to spread and promote this universal truth around the world, through the wisdom of Zen's Mind teaching and the interpretive vehicles of contemporary knowledge, in order to open a universal path of wisdom and light for meeting with and offering to all beings coming and going in the Ten Directions.

www.justusethismind.com