

Zen Master Miao Tsan To Speak At Bellaire Yoga Center On Friday

By: Staff on Thu, Mar 24, 2011

News

Zen Master Miao Tsan, abbot of Vairocana Zen Monastery in Garden Grove, Cali., will conduct guided meditations, Dharma talks and sign copies of his new book, "Just Use This Mind: Follow the Universal Truth of Oneness of Mind, Body and Spirit," at the Bellaire Yoga Center.

The event will be held from 7 to 8 p.m. on Friday, March 25 at the Bellaire Yoga Center, 5221 Bellaire Blvd.

Tsan will share his insights into the philosophical and religious perspectives on the pathway to truth and oneness, as drawn through the wisdom tradition of Zen and many other philosophical disciplines.

The event includes a one-hour presentation and Dharma talk covering healing, pain, stress and health, followed by a question and answer session and a book signing. Tea and light refreshments will be served.

The Zen Master has given meditation courses at universities and medical centers around the world, as well as Zen-Seven and Zen-Three retreats in the United States, Mexico and Taiwan.



Zen Master Miao Tsan

For more information contact Annette at 713-363-1106.