

Release at will

For info or advance interviews with the speakers, Please contact: Susan Farb Morris, 713-661-7377; 713-805-2608 (cell) susan@farbulous.com

'East Meets West' Spiritual Dialog

Revered Zen Master and Jungian Analyst/ Episcopal Priest to Present Dialog on Pathways to Truth and Oneness

HOUSTON -- Oct. 8, 2010. . . Two revered spiritual leaders will give their philosophical and religious perspectives on the pathway to truth and oneness at an *East Meets West* dialog Monday, November 8, 6:15 p.m. The program, open to the public, will be held at the <u>Boniuk</u> <u>Center for Religious Tolerance</u> at Rice University Herring Hall 100, 6100 Main Street, Gate 20. The tickets, a suggested \$5 donation, will include a reception at 5:30 p.m. with proceeds benefiting the Boniuk Center.

Zen Master Miao Tsan, abbot of Vairocana Zen Monastery in Garden Grove, CA, lecturer and author of the new book, *Just Use This Mind: Following the Essence of Zen to Oneness of Mind, Body and Spirit* (Bright Sky Press, January 2011), will interface with <u>J.</u> <u>Pittman McGehee, D.D.</u>, a renowned Jungian analyst, Episcopal priest, director of the Institute for the Advancement of Psychology and Spirituality and adjunct lecturer in Analytical Psychology at the University of Houston. Master Miao Tsan's insights, drawn through the wisdom tradition of Zen and many other philosophical disciplines, will serve as the basis of the initial discussion and as points of departure for McGehee, widely known as a lecturer and educator in the field of psychology and religion, as well as a published author, essayist and poet.

Bill Kerley, a teacher, counselor, speaker and consultant on personal growth strategies, will serve as the moderator. The program will be followed by a Q&A and book sale and signings by the speakers. Kerley is past president of the Houston Association of Marriage and Family Therapy and National Speakers Association, Houston Chapter.

Just Use This Mind, critically acclaimed in Taiwan and mainland China, shows readers

from any religious or philosophical traditions the importance of utilizing one's own mind to become the master of one's own thoughts. Master Miao Tsan shares the essence of the collected wisdom of Zen masters reaching back to the original Buddha. He believes once one embarks on the path Master Miao Tsan puts forth there, they have found the way to live the life of joy they were born to experience, no matter what their circumstances are. He reveals both the nature of the life of joy people were born to experience and an effective path towards it -- through Zen *or through their own traditions*. Freed from cultural attachments, the essence of Zen training brings people back home to a place of deeper meaning and leads them to their true selves, where mind and body are one.

The Very Reverend McGehee served as the Dean of Christ Church Cathedral for 11 years and retired to become director of The Institute for the Advancement of Psychology and Spirituality. The Institute joins the disciplines of psychology and religion by exploring the concept that mental health comes with the integration of the biological, psychological and spiritual elements of the human condition. In 1996 the C.G. Jung Institute of Dallas awarded him a diploma in Analytical Psychology. He is in private practice as a priest/psychoanalyst and teacher/lecturer.

Master Miao Tsan has conducted meditation courses and Zen-Seven and Zen-Three retreats in the United States, Mexico and Taiwan. He lectures extensively and has given meditation courses and interviews at universities and medical centers around the world. He has a large, devoted following in Asia and the West.

The books Just Use This Mind: Following the Essence of Zen to Oneness of Mind, Body and Spirit (Bright Sky Press, January 2011) and McGehee's The Invisible Church: Finding Spirituality Where You Are (Praeger Press, 2008), will be available for purchase after the program.

Parking is available in the Rice Central Campus Garage. For advance tickets, go to <u>http://meetingofthemasters.eventbrite.com</u> or call 713-533-9300. ###

ISBN: 978-1-933979-90-8

SPECS: \$14.95 / Softcover with flaps / 5.75" x 9.25"/ 288 pages / two color Self–Help / Body, Mind, Spirit January 2011



2365 Rice Blvd., #202, Houston, TX 77005 * www.brightskypress.com