

Friends of Integrative Medicine
proudly presents

Meditation Tips and Practice from a Zen Master



Monday, September 15, 2014

Registration: 6–6:30 p.m. • Talk: 6:30–7:30 p.m.

**Master Miao Tsan, Founder and Abbot,
Vairocana Zen Monastery, Garden Grove, CA**

Whether you are a patient, caregiver or clinical professional, the healthcare landscape can often be difficult to navigate. Master Miao Tsan, founder and abbot of the Vairocana Zen Monastery in Garden Grove, CA will provide some simple, take-home meditation techniques to calm the mind. Copies of his new book "Living Truth," will be available for participants.



**South Campus Research Building 2
Conference Room 5-6
7435 Fannin Street, Houston, TX 77054**

Free (event donations accepted at registration)

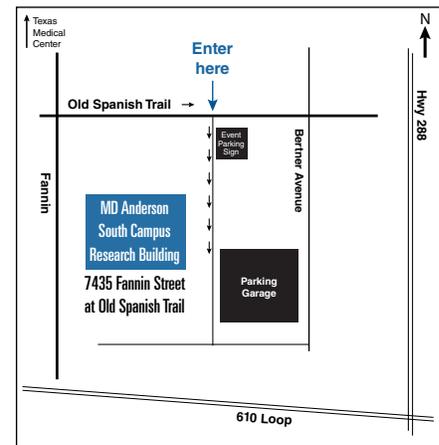
RSVP Required

Email: KMTaniguchi@mdanderson.org or call 713-794-4700

Light hors d'oeuvres donated by Hippo Kitchen

THE HIPPO KITCHEN 

This event is sponsored by the Integrative Medicine Program - Underwritten by the Friends of Integrative Medicine and a generous gift from the Jerry Moore Estate.



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Free Parking

Enter parking lot from OST, between Fannin and Bertner. Go straight and the surface parking lot will be on your left. The event will be held in the building on your right.